

**PERSONAL DATA**

Today's Date: \_\_/\_\_/\_\_

Name \_\_\_\_\_ Age \_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ PostCode \_\_\_\_\_ Mobile Phone \_\_\_\_\_  
 E-mail address \_\_\_\_\_ @ \_\_\_\_\_  
 Emergency Contact(Name/Number): \_\_\_\_\_  
 Parent or Guardian name(if you are under 18) \_\_\_\_\_  
**Whom may we thank for referring you to our office?** \_\_\_\_\_

**REASON FOR SEEKING CHIROPRACTIC CARE**

What concerns do you feel TLC Birth & Beyond can address with your child? \_\_\_\_\_

---

**HEALTH CARE PRACTITIONER HISTORY**

**Has your child ever received Chiropractic care?**  Y  N Name of Chiro. \_\_\_\_\_

**Who is your child's GP?** \_\_\_\_\_

**Has your child consulted any of the following providers?** (check all that apply)

Naturopath  Acupuncturist  Homeopath  Massage Therapist

Name of Health Practitioners & Reason: \_\_\_\_\_

The primary system in the body, which coordinates health, is the NERVE SYSTEM. The vertebrae (bones of the spinal column) surround and protect the delicate NERVE SYSTEM. Injury to the SPINE and NERVE SYSTEM is a condition called VERTEBRAL SUBLUXATION. VERTEBRAL SUBLUXATION results in nerve malfunction due to vertebral/spinal misalignment.

Vertebral Subluxations can have Physical, Emotional and Chemical causes and effects.

**PHYSICAL STRESS: BIRTH AND INFANCY**

The birth process can traumatise a baby's spine and cause damage to the spine & nerve system. Please CHECK where and how they were birthed. (If you do not know, please skip to next question)

Home  Natural  Hospital  Caesarian section  Forceps  
 Breech  Cord around neck  Prolonged labor  Drug induced labor  Suction

**PHYSICAL STRESS:**

Please list the major traumas during childhood (injury and date): \_\_\_\_\_

---

Has your child ever hurt, broken, fractured, sprained, injured or felt pain in any bones or joints (spine, head, neck, ribs, chest, upper or lower back, pelvis or hips, legs or arms)?  Y  N

If yes, list body parts injured and dates of injuries: \_\_\_\_\_

Has your child ever been hospitalized or had surgery?  Y  N If yes, state reason and dates: \_\_\_\_\_

Has your child ever been In an Car Accident?  Y  N If yes, please describe and dates: \_\_\_\_\_

Does your child currently have any digestive issues?  Y  N If yes, explain: \_\_\_\_\_

### EMOTIONAL STRESS:

It is difficult to separate the emotional stress in our life from the physical response that often occurs. Please indicate if your child has ever or are, currently, experiencing any of the emotional stresses below:

Childhood Trauma	Y	N	Illness	Y	N	Abuse	Y	N
Lifestyle change	Y	N	Parents divorce	Y	N	Family	Y	N

### CHEMICAL STRESS:

Chemical stress can occur when a substance, that is toxic to the body, is breathed, injected, taken by mouth, or placed on the skin (e.g.: food allergies, drug reactions, exposure to chemicals in the air, etc.) The following will reveal exposures your child may have had.

Has your child been exposed to any of the following on a regular basis (either in the past or presently)?

<input type="checkbox"/> Toxic chemicals	<input type="checkbox"/> Second hand smoke	<input type="checkbox"/> Drug therapy
<input type="checkbox"/> Radiation	<input type="checkbox"/> Chemotherapy	<input type="checkbox"/> Other

If yes, please list: \_\_\_\_\_

Does you child have allergies or sensitivities to any foods?  Y  N If yes, please list:

Please list all medications (prescribed and over the counter): \_\_\_\_\_

**Note: It is imperative that you list all medications as they may have an influence on your child's care.**

### **WHAT ARE YOUR EXPECTATIONS FROM CHIROPRACTIC CARE?**

**Payment in full is expected on all services at time of consultation (whether you have insurance coverage, Medicare, TAC Approval or not.)**

Initial Comprehensive Exam: \$140 Regular Visit: \$60 Extended Session (30min) \$90  
Family Visit (3 or more people under the same roof booked at same time): \$47 per person.

**Thank you for choosing TLC Birth and Beyond.  
We look forward to helping you.**

**Case History – For office use, to be filled in by Doctor.**

Chief Complaint: \_\_\_\_\_  
 Personal history Relevant to Chief Complaint: \_\_\_\_\_  
 \_\_\_\_\_  
 Onset: \_\_\_\_\_  
 P: Better: \_\_\_\_\_ Worse: \_\_\_\_\_  
 Quality: \_\_\_\_\_  
 Radiate: \_\_\_\_\_  
 Severity: Pain normally is \_\_\_/10\_\_\_ and at its worst \_\_\_/10\_\_\_ on the visual analogue scale \_\_\_\_\_  
 Timing: \_\_\_\_\_  
 Other: \_\_\_\_\_

**Spinal Analysis**

	Cervical	Pain	Lumbar	Pain
C0	Flex ___(75)		___(90)	
C1	Ext ___(55)		___(30)	
C2	LFlex:L ___(45)		___(30)	
C3	LFlex:R ___(45)		___(30)	
C4	Rot:L ___(80)		___(30)	
C5	Rot:R ___(80)		___(30)	

Posterior View

Left Profile

C0 \_\_\_\_\_  
 C1 \_\_\_\_\_  
 C2 \_\_\_\_\_  
 C3 \_\_\_\_\_  
 C4 \_\_\_\_\_  
 C5 \_\_\_\_\_  
 C6 \_\_\_\_\_  
 C7 \_\_\_\_\_  
 T1 \_\_\_\_\_  
 T2 \_\_\_\_\_  
 T3 \_\_\_\_\_  
 T4 \_\_\_\_\_  
 T5 \_\_\_\_\_  
 T6 \_\_\_\_\_  
 T7 \_\_\_\_\_  
 T8 \_\_\_\_\_  
 T9 \_\_\_\_\_  
 T10 \_\_\_\_\_  
 T11 \_\_\_\_\_  
 T12 \_\_\_\_\_  
 L1 \_\_\_\_\_  
 L2 \_\_\_\_\_  
 L3 \_\_\_\_\_  
 L4 \_\_\_\_\_  
 L5 \_\_\_\_\_  
 SI Jt \_\_\_\_\_  
 Sacrum \_\_\_\_\_  
 Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Unsettled Baby.**

Subluxation	Occiput, Atlas, Shoulder, Sacrum, Cranium /10
Extreme/Illness	Vomiting, Poo, Bloating, /10
Toxins/Sensitivities	Wheat, Dairy, Formula /10
Tired	Enough Sleep /10
Love/Nurture	Needing love /10
Energy/Food	Finishing bottle, Wanting More /10

**Ortho/Neuro**  
 Leg Length: Df: R / L - / +  
 Romberg: - / +  
 DTR:  
 Abnormal Reflexes:

# Informed Consent to Chiropractic Care

Changes to the law now require all chiropractors to warn people of material risks, associated with all health care procedures, including Chiropractic.

As in all health care procedures, there are some slight risks with chiropractic care. This includes, but is not limited to:

- Your condition becoming worse;
- Disc injuries, rib fracture, sprains/strains (1 in 139,000 in the neck and 1 in 62,000 in the low back) <sup>(1)</sup>;
- Stroke or stroke like symptoms (1 in 5.85 million neck adjustments) <sup>(2)(3)</sup>.

Put in context, chiropractic has been shown to be 250 times safer than anti-inflammatory drugs <sup>(4)</sup> and safer than driving a car <sup>(5)</sup>.

Some people may experience some mild soreness for 24 – 48 hours after their adjustments, especially when their body is unwinding. <sup>(6)(7)</sup> this is a normal sign of change, as may occur after exercise or stretching.

Clinical experience consistently demonstrates **unexpected improvement** in people's life. One study indicated that 23% of people experience improvement in some other aspect of their health. <sup>(8)</sup> Of individuals who experience such improvements:

- 26% experienced improvements in their respiratory system;
- 25% in their digestive system;
- 14% circulatory system/heart;
- 14% eyes/vision.

Broken down into subcategories the benefits were reported as follows:

- Easier to breathe: 21%
- Improved digestive function: 20%
- Clearer/better/sharper vision: 11%

*(The references for the information quoted above are provided below.)*

## Agreement:

I have read and understand the information above. I understand that most care is given in an open setting. A private room is available upon request.

I consent to receive communication from TLC Birth and Beyond via email, postal mail, text and telephone messaging in connection with my care. If I should withdraw my consent, I will notify the office in writing.

I do not expect the chiropractor to be able to anticipate or explain all the risks and complications. I wish to rely on the chiropractor to exercise his/her judgment during the course of procedures which he/she feels, at the time, based upon the facts known, is in my best interests.

The information I have provided on this case history form is true and accurate to the best of my knowledge. I will have the opportunity to discuss with the chiropractor the nature and purpose of chiropractic adjustments and other procedures as well as other concerns. I understand that results are not guaranteed. I intend this consent form to cover the entire course of my chiropractic care for this and any future presentation. Should my current doctor cease care I give permission for him to pass on my file to the next Doctor.

I give the Chiropractors at TLC Birth and Beyond permission to render care to me today and at future visits. This initial visit includes a health history consultation, chiropractic exam and evaluation, and any initial care that is determined to be clinically necessary and mutually agreed upon.

Signature:(Parent/Guardian if under 18) \_\_\_\_\_ Print Name: \_\_\_\_\_

Chiropractor signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

(1) Dvorak study in Principles and Practice of Chiropractic, Haldeman, 2nd Ed.

(2) Arterial Dissections Following Cervical Manipulation: The Chiropractic Experience. Haldeman S et al. Canadian Medical Association Journal, Vol 165, No 7, 905-906, 2001.

(3) The Mechanics of Neck Manipulation with Special Consideration of the Vertebral Artery. Herzog W, Symons B. J Can Chiropr Assoc 46(3):134-136, 2002.

(4) A Risk Assessment of Cervical Manipulation vs. NSAID's for the Treatment of Neck Pain. Dabbs V, Lauretti W. J Manipulative Physiol Ther 1999; 18(8):530-6

(5) What are the Risks of Chiropractic Neck Adjustments. Lauretti W. JACA 1999; 36(9):42-47.

(6) Leboeuf-Yde C, Axen I, Ahlfeldt G, Lidfeldt P, Rosenbaum A, Thurnherr T. The types of improved nonmusculoskeletal Side effects of chiropractic treatment: a prospective study. Leboeuf-Yde C. J Manipulative Physiol Ther. 1997 Oct;20(8):511-5

(7) Frequency and characteristics of side effects of spinal manipulative therapy. Senstad O et al. Spine. 1997 Feb 15; 22(4):435-40; discussion 440-1.

(8) Symptoms reported after chiropractic spinal manipulative therapy. J Manipulative Physiol Ther 1999; 22:559-64